

# Fort Hayes OPUS

"...to create expectations of excellence within students through challenging and collaborative learning by blending the arts, academics and career programs."

Volume 2 | Issue 6 | Artistic

## Creativity and Academics: The Power of an Arts Education

Neil Swapp

Increased self-confidence and self-understanding, enhanced communication skills, and improved cognition are among the many reasons for teaching the arts.

#### **Growth Mindset**

Through the arts, students develop skills like resilience, grit, and a growth mindset to help them master their craft, do well academically, and succeed in life after high school. Ideally, this progression will happen naturally, but often it can be aided by the teacher. By setting clear expectations and goals for students and then drawing the correlation between the work done and the results, students can begin to shift their motivation, resulting in a much healthier and more sustainable learning environment.

### Fort Hayes MEC

Main Number: (614) 365-6681

High School Office: 7am - 3:30pm

Office ext: 76177 Attendance ext: 76179

<u>High School Counselors</u>:

Gillman (L-Z) kgillman@columbus.k12.oh.us

Kliner <u>lkliner1@columbus.k12.oh.us</u>

Peterson (A-K) <u>lpeterson@columbus.k12.oh.us</u>

Career Center Office: 7am - 3:30pm

Office ext: 76130 Attendance ext: 76139

**Career Center Counselors:** 

Kanowsky (Health and Performing Arts)

ckanowsky5985@columbus.k12.oh.us

Matunas (Visual and Construction Arts)

Dmatunas1523@columbus.k12.oh.us

For students to truly grow and progress, there has to be a point when intrinsic motivation comes into balance with extrinsic motivation. In the early stages of learning an art form, students engage with the activity because it's fun (intrinsic motivation). However, this motivation will allow them to progress only so far, and then their development beings to slow - or even stop. At this point, lean on extrinsic motivation to continue your students' growth. This can take the form of auditions, tests, or other assessments. Like the impact of early intrinsic motivation, this kind of engagement will help your students grow and progress. While both types of motivation are helpful and productive, a hybrid of the two is most successful. Your students will study or practice not only for the external rewards, but also because of the self-enjoyment or satisfaction this gives them.

#### **Self Confidence**

A number of years ago, I had a student enter my band program who would not speak. When asked a question, she would simply look at me. She loved being in band, but she would not play. I wondered why she would choose to join an activity while refusing to actually do the activity. Slowly, through encouragement from her peers and myself, a wonderful young person came out from under her insecurities and began to play. And as she learned her instrument, I watched her transform into not only a self-confident young lady and an accomplished musician, but also a student leader. Through the act of making music, she overcame her insecurities and found her voice and place in life.

### **Improved Cognition**

Research connects learning music to improved "verbal memory, second language pronunciation accuracy, reading ability, and executive functions" in youth. By immersing students in arts education, you draw them into an incredibly complex and multifaceted endeavor that combines many subject matters (like mathematics, history, language, and science) while being uniquely tied to culture. For example, in order for a student to play in tune, he must have a scientific understanding of sound waves and other musical acoustics principles Likewise, for a student to give an inspired performance of Shakespeare, she must understand social, cultural, and historical events of the time. The arts are valuable not only as stand-alone subject matter, but also as the perfect link between all subject matters - and a great delivery system for these concepts, as well.

# BE EXCELLENT. BE THE EXCEPTION. BE FORT HAYES.

Focused
Organized
Resourceful
Teachable

Hard-working
Artistic
Yearlong
Engaged
Scholarly

The Junior Airforce ROTC hosted a blood drive with the American Red Cross



### Communication

Once can make an argument that communication may be the single most important aspect of existence. Our world is built through communication. Students learn a multitude of communication skills by studying the arts. Through the very process of being in a music ensemble, they must learn to verbally, physically, and emotionally communicate with their peers, conductor, and audience. Likewise, a cast member must not only communicate in spoken word to an audience, but also the more intangible underlying emotions of the script.

The arts are a mode of expression that transforms thoughts and emotions into a unique form of communication – art itself.

## 2020 FUSE

A celebration of Black History Month featuring:

> Live Theater Literary Arts Fine Arts Dance Music

Friday, February 21st, 7:00 pm FREE Admission (Donations Accepted)

Created, performed and presented by the students and faculty of Fort Hayes Arts & Academic High School

SPECIAL EVENT NOTICE: Please join us as we welcome distinguished guests from Tuskegee Airmen Inc. invited to help recognize and officially endorse the Fort Hayes mascot, the Red Tails



- "Pure Mathematics is, in its own way, the poetry of logical ideas."
- Albert Einstein, theoretical physicist and philosopher of science



- "The best art is political and you ought to be able to make it unquestionably political and irrevocably beautiful at the same time."
- Toni Morrison, novelist and college professor



- "Art enables us to find ourselves and loser ourselves at the same time."
- Thomas Merton, monk, poet, social activist



- "Works of art make rules; rules do not make works of art."
- Claude Debussy, French composer



- "Art is meant to disturb, Science reassures."
- Georges Braque, French artist

### **Deepening Cultural and Self-Understanding**

While many find the value of arts education to be the ways in which it impacts student learning, I feel the learning of art is itself a worthwhile endeavor. A culture without art isn't possible. Art is at the very core of our identity as humans. I feel that the greatest gift we can give students – and humanity – is an understanding, appreciation, and ability to create art.

### "Every artist was first an amateur."

Ralph Waldo Emerson, American transcendental poet

### **February Events**

through February 21

 $20^{\rm th}$  Annual ROY G BIV IMAGE OHIO in the Shot Tower Gallery

February 9

NACAC National College Fair at the Columbus Convention Center 1:00-4:00 pm

February 10

FAFSA night 5:00-8:00 pm

February 14

High School Vocal and Instrumental Concert (PA Auditorium) 7:00 pm

February 17

Parent Teacher Conference Day (no students)

February 20

Holocaust Survivor Guest Speaker

February 25

Black History FUSE Event (PA Auditorium) 7:00 pm

February 28

Mad River Snow Tubing Trip 3:00-8:00 pm